# Leading with Wholeness: An Integrated Approach for Leaders in Medicine

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**HEALTH CARE / PHARMA** 

**Experience** 



































# A Leadership Conversation Overview:

- 1. The Foundation: Challenge & The Path to a Solution (10 mins)
- Welcome & Context
- Define Leadership
- The Challenge: The Cost of Fragmentation
- The Solution: The Path to Integration
- 2. The Why & What (10 mins)
- The Power of Two Organizations: Leadership Circle + Unlocking Eve
- Unlocking Eve's Integrated Leadership Philosophy
- Leadership Circle Profile Universal Model of Development Overview
- 3. LEADderm Buddy Exercise Co-Exploring Your Self Assessment Results (20 mins)
- 3 Question Process
- Awareness Precedes Choice, Choice Precedes Change
- Authoring Your Leadership (Orienting from the Creative)
- 4. Call to Action and Next Steps (15 mins)
- Call to Action
- Conclusion & Next Steps





## REACTIVE AND CREATIVE LEADERSHIP Aligned to Adult development UNITIVE DEFINITION of LEADERSHIP: Self Transforming Mind Deploying Self into Circumstance to Create Outcomes that Matter. Leadership is not merely a title or position; it's an art. Self Authoring Mind It's a lifelong artistic tapestry of integration and becoming. 15% The question then becomes.....WHICH SELF ARE YOU DEPLOYING? Socialized Mind REACTIVE

80%

### Poll:



How many of you consider your technical skills as a doctor/health care professional/business leader to be: Effective? Ineffective? Somewhere in between?



How many of you consider your leadership skills to be: Effective? Ineffective? Somewhere in between?



Let's explore ways to enhance and improve your leadership effectiveness and business performance using the Universal Model of Leadership.

### The Challenge - The Fragmented Leader

- The world often asks you to be two different people at once: a decisive, rational doctor and a compassionate, empathetic caregiver. This tension is at the heart of our session today.
- The healthcare polycrisis:
  - Burnout, high turnover, a decline in patient trust, and massive disruptions in the field.
- Unlocking Eve argument: This is a symptom of fragmented leadership: An over-reliance on old, hierarchical models that create silos and drain our potential.

# The Old Hierarchical Way of Leading Is Not Enough

Real diversity in leadership goes beyond token gestures; it demands that we invest in people – men and women – by cultivating the leadership traits that deliver measurable results, save lives, and create more resilient systems.



LEADERSHIP CIRCLE

#### The Solution: The path of Integration. The New Source of Power.



We define integration in leadership as the expanded capacity of leaders to fluidly integrate autonomous —being anchored in one's power, purpose, values and voice (often termed as "masculine") and relational - being attuned to others, able to listen, empower, co-create and move in relationship (often termed "feminine") capacities.



#### RELATIONAL **AUTONOMOUS** INTERCONNECTED **PRAGMATIC** TEAM-BUILDER MEANINGFUL SHARING HOLISTIC ETHICAL SUPPORTED HARDWORKING ENGAGED MAP-MAKER RESPONSIBLE UNBIASED INDEPENDENT MENTORING MEDIATOR SELF-ASSURED ENTHUSIASTIC REFLEXIVE ENCOURAGING STRAIGHT-FORWARD INFORMED THOROUGH EMOTIONAL SENSIBLE CAN-DO-ATTITUDE PROCESS-ORIENTED PRACTICAL IMAGINATIVE MINDFUL BODY-AWARE COMFORTABLE DETAIL-ORIENTED POLITICAL

# Leveraging the Power of Two Groundbreaking Organizations

#### THE POWER OF THE LEADERSHIP CIRCLE PROFILE



460,000+

Leaders Surveyed Worldwide **3+ Million** 

LCP Evaluators **470 Million** 

Data Points Collected 45%

Fortune 100 companies (38% Fortune 50) use LCP

## LEADERSHIP CIRCLE

### UNLOCKING-EVE

The World Economic Forum estimates that it will take 257 years to close the gender gap at work, a timeline we simply cannot accept.

6x

Countries led by women had 6x fewer deaths during the early stages of the COVID pandemic

80%

Women make 80% of healthcare decisions for their families and society

70%

Women represent 70% of the total healthcare workers

15%

Only 15% of decision makers in healthcare systems are women









### New data & evidence supporting Integrated Leadership



20,000 healthcare respondents | 69 countries

The most effective leaders have high levels of both 'relating' and 'achieving'.



#### Athena Doctrine

64,000 respondents | 13 countries

81%

of survey respondents agreed.

"Whether man or woman, you need both masculine and feminine traits to thrive in today's world."

#### Academic studies

An exploration of Relational Leadership during the COVID-19 pandemic | University of Georgia

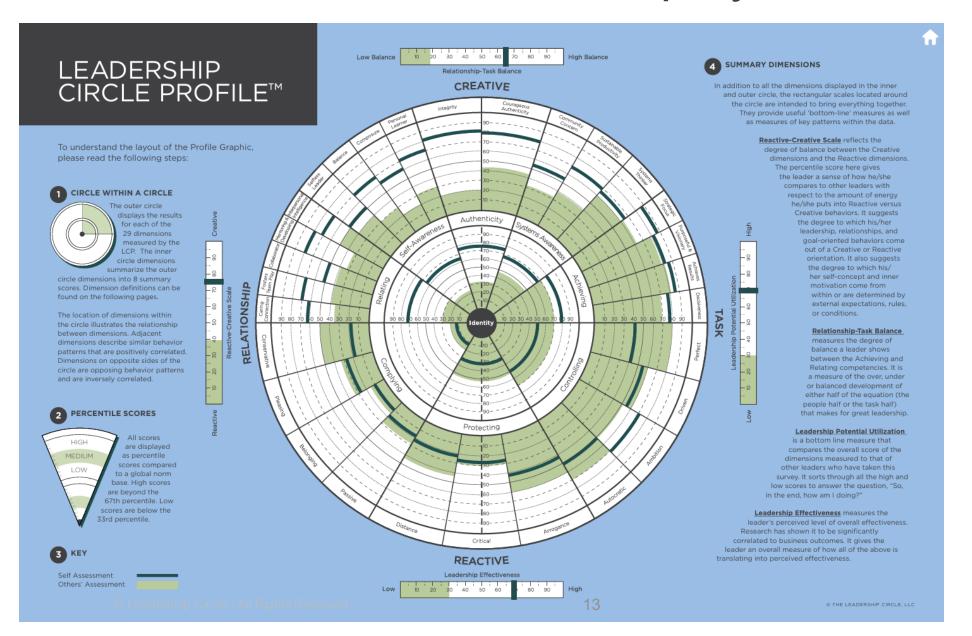
People perceive 'relational leaders' who demonstrate empathy and collaboration to be more effective in the face of grand challenges.



"Models help explain how things work. Once a good model gets inside you, it can inform and guide you throughout a lifetime."

Mastering Leadership

## Universal Model of Leadership by Leadership Circle



"The Leadership Circle Profile is an internally consistent, valid measure for leadership development. The psychometric properties of Leadership Circle Profile are strong."

# Your Leadership Map



The Model Fundamental: Two Structures of Mind





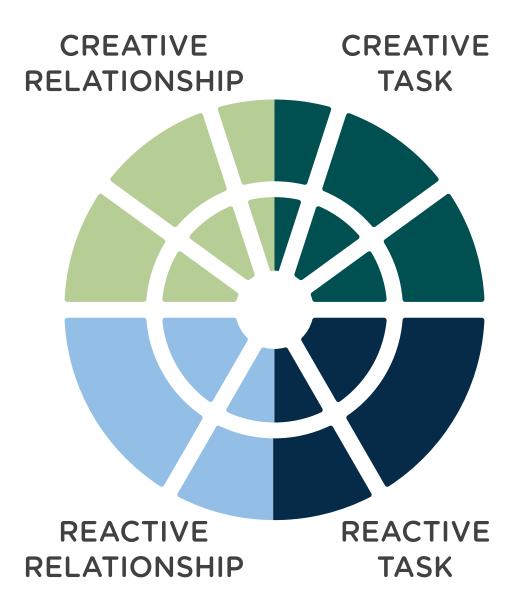
# Relationship & Task







# Four Quadrants



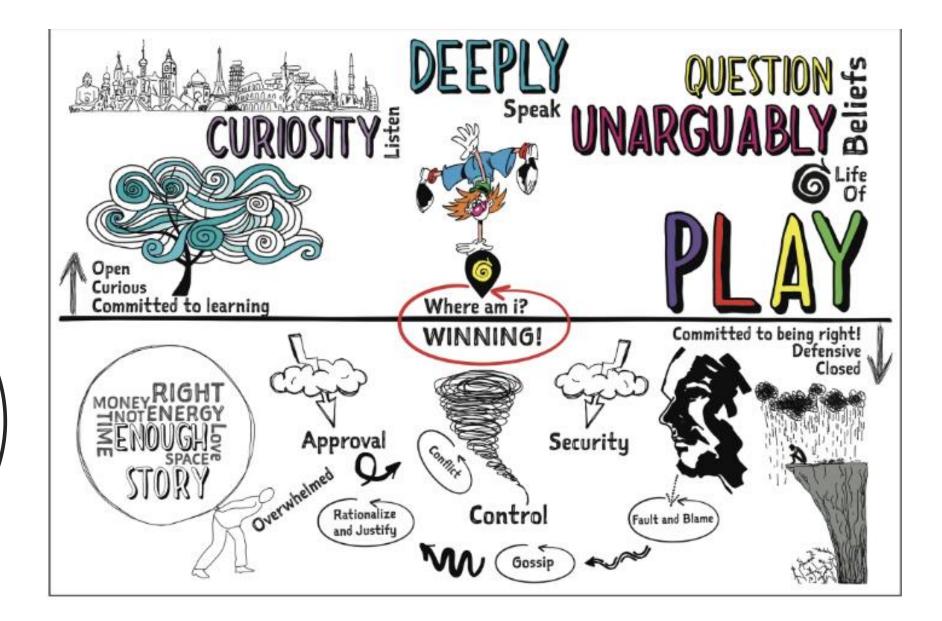


Location, location!

Where are you?
Above or below the line?

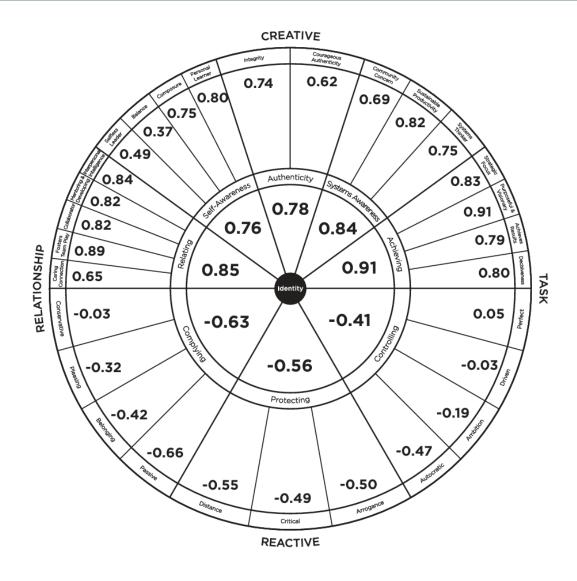
Above the Line=
Creative
Below the Line=
Reactive

Behaviors/ Internal Assumptions

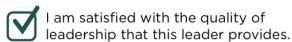


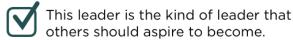
#### THE LEADERSHIP CIRCLE PROFILE™

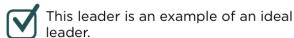
#### Correlations to Leadership Effectiveness



#### LEADERSHIP EFFECTIVENESS SCALE QUESTIONS







This leader's leadership helps this organization to thrive.

Overall, this leader provides very effective leadership.





Creative Competencies (18) – Positively Correlated to

Leadership Effectiveness and Business Performance

Relating

Building strong relationships and collaborating effectively

Caring Connection Fosters Team Play Collaborator Mentoring and Development Interpersonal Intelligence

Systems Awareness Seeing how all parts of a system connect.

Community Concern Sustainable Productivity System Thinker

#### Self Awareness

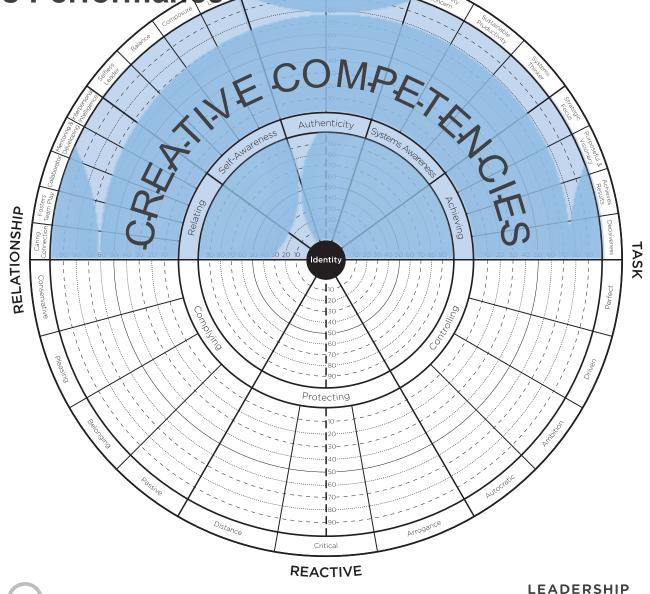
Understanding one's own impact on others.

Selfless Leader Balance Composure Personal Learner

Achieves Results Authenticity Leading from genuine values and beliefs.

Integrity Courageous Authenticity Achieving Driving results with purpose and vision.

Strategic Focus Purposeful and Visionary Decisiveness



CREATIVE



Reactive Tendencies (11) - Negatively Correlated to Leadership Effectiveness and Business Performance

CREATIVE

Complying Seeking security by conforming to others' expectations

Conservative

Pleasing

Belonging

**Passive** 

**Protecting** Seeking security through withdrawal and emotional distance

Distance

Critical

Arrogance

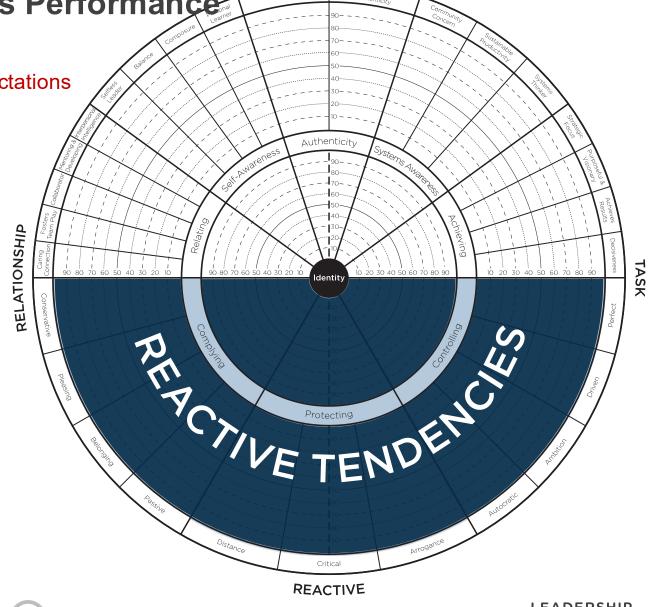
**Controlling** Seeking security through heroic achievement and power.

**Autocratic** 

**Ambition** 

Driven

Perfect





### The Problem in Practice: The Cost of Control

- In medicine, we're taught to be perfect.
- The system often rewards **Reactive** tendencies like controlling a situation or complying with authority.
- This is a survival mechanism, but the research shows it creates fragmented teams and, in the long run, leads to burnout.
- The pressure to be the "lone expert" is a reactive pattern that leaves no space for others and undermines collaboration.









## **Self Assessment LEADderm Buddy Discussion Questions:**







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Fosters Team Play
Collaborator
Mentoring and Development
Interpersonal Intelligence

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Community Concern Sustainable Productivity System Thinker

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Selfless Leader Balance Composure Personal Learner

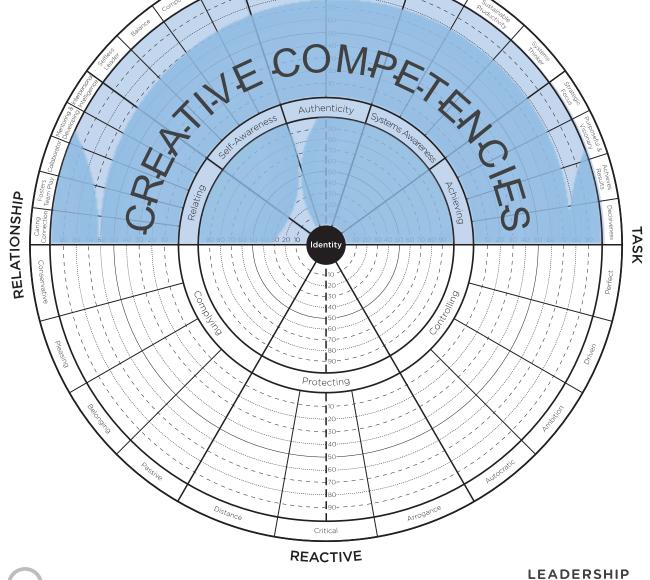
Strategic Focus
Purposeful and Visionary
Achieves Results

Decisiveness

**Authenticity** Leading from genuine values and beliefs.

Integrity
Courageous Authenticity

**Achieving** Driving results with purpose and vision.



CREATIVE

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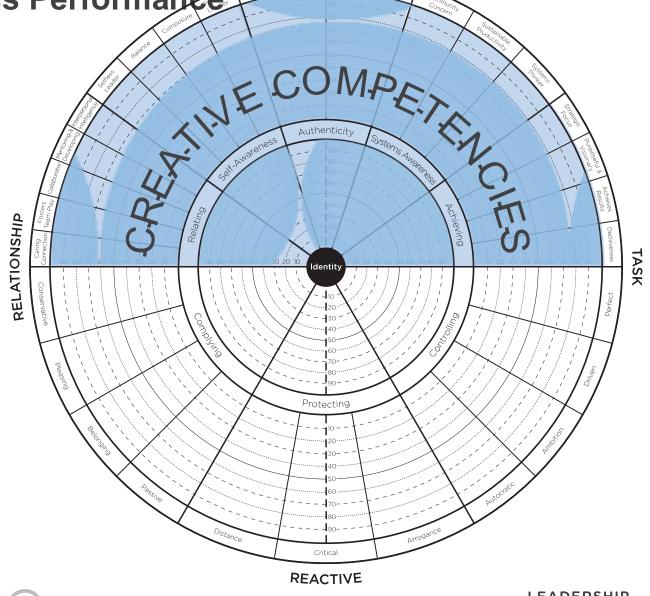
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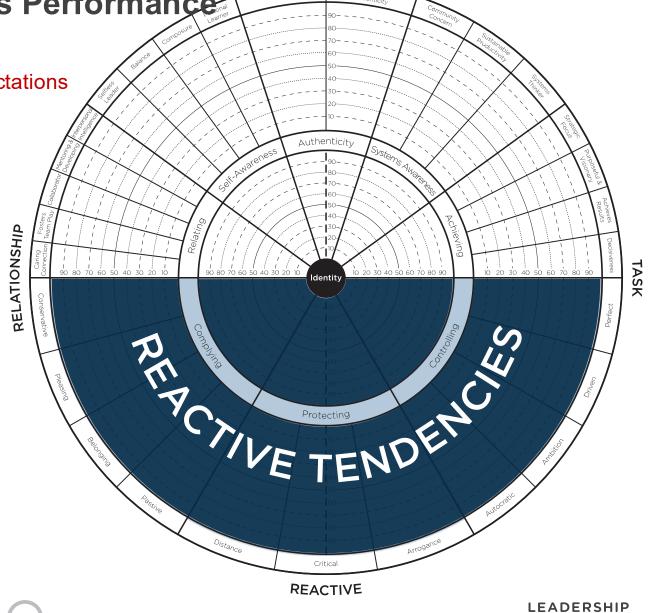
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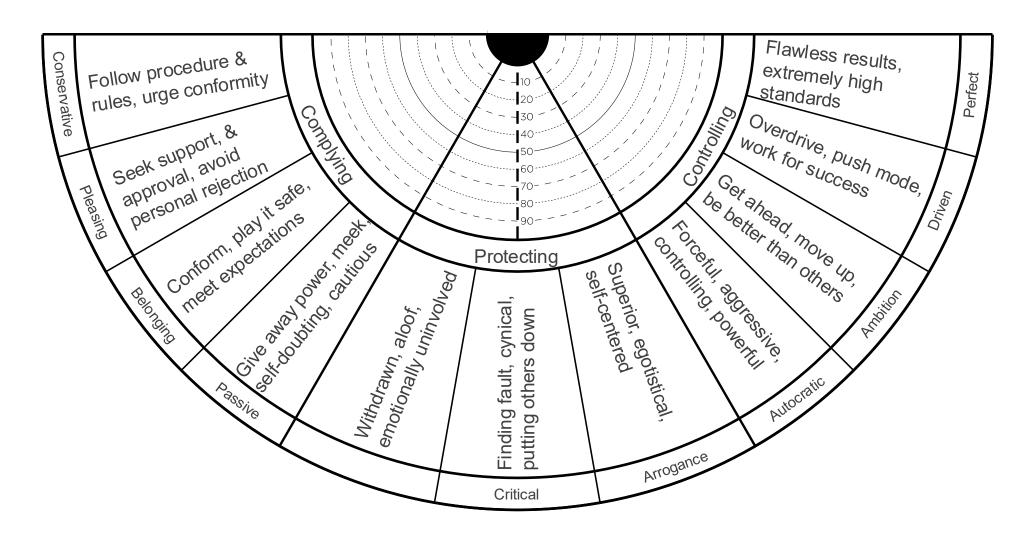
Perfect





## The Identity Hook:

If I am not \_\_\_\_\_ then \_\_\_\_



## Conclusion and Call to Action: Let It Begin with YOU!

- The move from Reactive to Creative leadership isn't about a single event; it's a daily practice. It's about bringing conscious awareness to your choices. The world needs a new kind of leader—a holistic, integrated leader. And the research suggests that by embracing these models, we can all lead this change.
- So, as you leave today, we invite you to reflect on one small, intentional move you can make this week. How can you bring a little more **wholeness** to your leadership, to your teams, and to your patients? Let it begin with you!











Leadership Circle Self Assessment QR Code – Assesses Self Perception of Leadership Style as Creative Competencies / Reactive Tendencies



## Let's Stay Connected!

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